## **Healthy Practices**

APNA has produced a suite of resources to help general practices employ nurses and optimise their role in the general practice setting. Fulfilling these aims will help build Healthy Practices that deliver positive outcomes for their communities through nursing skills and expertise.

An effective orientation and induction program should demonstrate the professionalism of your practice and help increase the efficiency of the new employee.

During orientation, the nurse will require information regarding the practice population, how the practice functions, the work systems, and how the clinical and administrative teams work together.

Ideally, an induction pack will include information about the:

- administrative structures and processes, such as reporting lines or organisational chart
- procedures for practical administrative matters, e.g. how to apply for leave
- record management and information systems used in the practice
- quality assurance processes
- professional learning and development opportunities
- policy and procedure manual, including how to access an electronic or printed version of the manual
- induction process and checklist.

Plan for an extensive induction program, which is long enough to allow the nurse to be fully proficient in the practice. See an example of an induction process over a three-month probationary period, which can be used as a guide.

Prepare an agenda for the nurse's first day. Arrange introductions to staff and times for meeting with staff involved in the induction.

#### **Example of a three-month induction process**

#### **Before first day**

- Ensure the new employee has received a contract of employment.
- Establish current registration status online.
- Assign a buddy.
- Send a letter explaining when and where to go on the first day, including parking arrangements (if relevant) and the contact person for the first day (buddy).
- Prepare an agenda for the first day activities and make necessary arrangements with people involved in the induction.

#### First day

- Be punctual, enthusiastic and friendly, remembering first impressions count.
- Explain your role within the practice and in the induction process.
- Give a brief outline of the induction program for the first day and the first week. This will help the nurse as they will have some idea of what to expect.
- Try and provide a timetable for their first two weeks.
- Schedule a date for the three-month interview.
- Work through the induction pack and induction checklist.





#### First week

- Make yourself available to the employee, or ensure that someone can fill this role if you are busy.
- Ensure the employee has:
  - read and signed the employment contract
  - signed and returned payroll forms
  - completed an immunisation and infection disease assessment form
  - completed the induction checklist, signed by the buddy and filed in the personnel file.
- Plan and agree on a series of goals and activities for the employee to undertake in the probationary period.

#### **During first month**

- Consideration should be given to arranging regular meetings (at least once a week for 15 minutes) so you can answer any questions the employee may have and provide some general feedback.
- To reduce the likelihood of feeling isolated after the initial high contact in the first week, the buddy should try to touch base with the employee by holding informal meetings (over coffee or lunch).

#### After three months

- The end of the three-month period is an ideal time to formally discuss the employee's progress.
- Review the plan of agreed goals and activities to ensure any that are outstanding are worked into a professional development training plan for the first year.
- Good work should be recognised and any remaining transitionary issues should be resolved.

#### **Induction checklist**

BU = buddy; SU = supervisor; PM = practice manager, RE = receptionist

Item	Key points to cover	Reference	Responsibility				
		documents	BU	SU	PM	RE	
Letter of offer	Copy to practice manager/ business manager.	Letter of offer					
Personnel file	Set up personnel file, check registration online and record, registration should be checked annually (after 30 May).						
Induction package	Compile the induction package.						
Assign workplace buddy	Choose someone with good knowledge of the practice and who best matches the skills of the new nurse – seek advice from primary health support organisations such as APNA, Primary Health Networks, Medicare Locals or others if this is needed.						
Allocate passwords	Computer and security passwords or codes.						
First day							
Meet and greet	Welcome the new staff member.						
Introduce	Introduce the nurse to all staff. Advise the nurse of their direct reporting line.	Contact list and organisation chart					
Practice overview	Describe the practice culture and its structure. Profile the number of patients and patient demographics, such as the age and type of patients.						
Induction program	Describe the induction program and arrange regular meeting times for the first week.						
Practice tour	Show the location of facilities (toilets, lunch room, notice boards, evacuation procedures, emergency exits). Show location of fire extinguishers and explain use.						





Administrative Advise on policy for annual leave, public holidays and sick leave. Show how to access leave and sickness absence forms.  Salary Explain the timesheet process.  Office routine Advise on practice office hours and doctors' hours. Explain the opening and closing procedure for the practice.  Office equipment Identify faxes, photocopiers, computer servers and printers. Explain process for taking messages.  Security Explain procedures for personal security, alarm systems and hold-ups.  Confidentiality Statement has been understood and signed, astement and the follow-up requirements are identified and scheduld.  Immunisation and infectious disease review forms are returned and the follow-up requirements are identified and scheduld.  Immunisation and infectious disease review forms are returned and follow-up requirements are identified and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infectious disease review forms are returned and scheduld.  Immunisation and infec	Item	Key points to cover	Reference	Responsibility				
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Key points to cover	Reference	Responsibility				
	documents	BU	SU	PM	RE	
Plan activities and nominate areas requiring further information and time to consolidate knowledge over the next and following weeks.						
Explain about support organisations such as APNA, Primary Health Networks, Medicare Locals, general practice networks. Refer nurse as required.						
Discuss with clinical or other mentor.						
Perform clinical role building up to a full workload over an agreed period of time.						
Identify key areas for learning over the next three months. Document in activity plan.						
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Discuss how induction period is progressing for both parties.  Address any identified issues.						
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Complete probationary performance review, if appropriate.						
Review the plan of agreed goals and activities and ensure that any that are still outstanding are worked into a professional development/training plan for the first year.						
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 $<sup>{}^*\!\</sup>mathsf{AGPAL} = \mathsf{Australian}\,\mathsf{General}\,\mathsf{Practice}\,\mathsf{Accreditation}\,\mathsf{Ltd}.$ 

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<sup>\*\*</sup>GPA = General Practice Australia Accreditation Plus